

# REGISTRATION FORM

## FOURTH ANNUAL SENIOR AGENDA CONFERENCE & EXPO

### “Enhancing Elder Economic Security”

Friday, November 4, 2011 at the Crowne Plaza, Warwick RI

(Registration/Check-In 8:00 AM to 9:00 AM Conference 9:00 AM to 3:00 PM)

THIS FORM MAY BE DUPLICATED

#### ① **Your Info:**

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone \_\_\_\_\_

#### ② **Choose Your Workshops: (Please choose only one for each session).**

##### MORNING SESSION (workshops run concurrently 10:30 AM to 12:00 Noon)

- #1—**Savvy Saving Seniors:** Conference Keynoter **Ramsey Laine Alwin** will present the National Council on Aging’s program in money management, the benefits of banking, and an overview of public benefits and how to access them. Experts will speak to the senior programs and benefits available in RI.
- # 2—**Older Women in Rhode Island: A Portrait:** Senior Agenda Policy Consultant **Maureen Maigret** presents her study of RI’s older women: demographics, living situations, economic circumstances and health. Gender disparities and financial challenges facing older senior women will also be discussed.
- # 3 –**Remembering Your Story:** Rev. Marie Carpenter will lead a workshop on developing your “spiritual autobiography” based on the writings of Richard Morgan. “Morgan knows the value of reminiscences... he believes that as we recall our life story, we can see God at work...”
- # 4—**Body Recall-A New Approach to Lifetime Fitness:** **Jeff Rubin**, Director of Body Recall, will introduce you to lifetime fitness through responsible movement that is pain-free and possible. Body Recall is a non-profit founded to improve senior fitness in Berea, Kentucky and now has groups in 31 states.
- # 5—**Home Modifications 101:** **Elaina Goldstein**, Executive Director of Rhodes to Independence, will present her agency’s *Consumer’s Guide to Home Modifications*, which assists consumers in living independently in their own homes. Participants will receive a copy of the *Consumer’s Guide*.
- # 6—**Tell Your Stories About Elder Economic Security:** The Senior Agenda Coalition and Gray Panthers are focused on three senior issues: increasing community-based care, maintaining the RIPAE prescription drug subsidy, and preserving paratransit service. *We want to hear your stories* about how these programs affect elders’ economic security. Small group discussions will be led by members of the Gray Panthers and the Rhode Island Organizing Project.

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## AFTERNOON SESSION (workshops run concurrently 1:30 to 3:00 PM)

- #7—How to Become a Pro-Active Healthcare Consumer:** A dynamic panel including RI Director of Health **Dr. Michael Fine** and Alliance for Better Long-Term Care Director **Kathy Heren** will discuss how seniors and their caregivers can play a more active role in care decisions. Discussion will include primary care (in-patient and outpatient) and long-term care (residential and community-based).
- # 8 –Navigating the Aging Continuum:** This presentation will explain the tools that you will use in the community based on the outcomes of your long term planning goals. It will offer practical and simple solutions for all your planning needs. Presenters will be **Caroline Naughton Rumowicz** of Cathleen Naughton Associates and JennaLine and **Jenny Miller** of Senior Care Concepts and Jennaline.
- # 9— Mobilizing Seniors into Serve Corps:** This workshop will focus on the vital role seniors can play in meeting community needs through volunteering. Seniors will learn about the need that exists for volunteers and about highly creative volunteering opportunities available through Serve Rhode Island.
- #10—Financial Tools for Elders:** Learn about the “pros and cons” of reverse mortgages and other financial options from unbiased experts. This is a great opportunity for questions and answers. Moderator will be Senior Agenda Board Member Susan Pomfret.
- #11—How to Build Support for a Senior-Friendly General Assembly:** Today there are few champions for seniors in the RI General Assembly. In the 1970’s the RI Women’s Political Caucus recruited women candidates who shared a common agenda of improving women’s rights and who, once elected, made a difference on a wide range of issues for the common good. Join an inter-generational discussion of “lessons learned” with Caucus members and current legislators and applying them to the task of increasing the numbers of legislators who support senior issues.

### ③ **Make Your Payment** (Registration includes continental breakfast and lunch)

- \$15--Senior (age 60+)
- \$45-- All Others

I am bringing a friend who has not attended before, deduct \$5 from my fee and my friend’s fee. Name of Friend:

Make check payable to Senior Agenda Coalition and mail check to: Senior Agenda Coalition, 133 Mathewson Street, Providence, RI 02903

I can’t attend, enclosed is my tax-deductible contribution of \$ \_\_\_\_\_ to help make this Conference affordable for others.

**YOU MAY ALSO REGISTER, SELECT WORKSHOPS AND PAY ONLINE AT OUR WEBSITE**  
**WWW.SENIORAGENDARI.ORG**